

Follow up Questions from message on Sunday, March 26, 2017

Hidden Within Series "Anger"

Reread Ephesians 4:26-5:2

Sometimes we blame circumstances around us for making us mad or angry. But anger is something we carry around with us and if we are to rid ourselves of it, then we must recognize that it is an issue of the heart. God has forgiven us for how we treat others; perhaps it is time we extend that to others. Forgiveness breaks the power of anger.

1. What were your parent's rules about proper language in your home as a youngster? Did you ever get punished for saying something that you shouldn't have said?
2. What piece of clothing in your present wardrobe have you held on to the longest? Why haven't you discarded it by now?
3. Anger and emotional turmoil were common emotions in the tales of pagan gods. Anger made men into fierce warriors. How is this similar or dissimilar to how we view anger today?
4. What have you personally been taught about the appropriateness or inappropriateness of anger in your personal life?
5. Instead of condemning anger, what does the author of Ephesians seem to concede?
6. How can lingering anger lead us into sin? Why then, does the author encourage us Christians to "*not let the sun go down on our anger*"?
7. According to verse 27, why is resolving anger so vital to our Christians lives?
8. What do you think the author is urging us to do when he calls us to "*imitate God*"?
9. According to 5:2, what attribute of our Heavenly Father are we most urged to imitate?
10. Of all the negative behaviors listed in today's text, which one do you continue to have the greatest struggle with? Why?
11. Which of these do you feel is the greatest challenge to unity in the church today?
12. What can/will you do this week to make your life a "*fragrant offering and sacrifice to God*"?